

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: DDAT

Coachinfo: Warming up from: 08:15 until 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Gijssens Cato

Coaches: Claes Steven HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 23: 200M MEDLEY MEN 13-14 **Heat:1, starttime: 09:30**

Heat: 1/5 Lane : 3 Athlete: JACQUEMYNS KOBE **Q-time: 02:46:01**

PB (50m pool): 02:46.01 Antwerpen 20/07/2025 **PB (25m pool): 02:47.42 SB: no time**

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.95	01:15.99	02:09.01	02:46.01	
	<i>00:34.95</i>	<i>00:41.04</i>	<i>00:53.02</i>	<i>00:37.00</i>	
	

Coach feedback:

Event number: 24: 200M MEDLEY WOMEN 13-14 **Heat:3, starttime: 09:53**

Heat: 3/7 Lane : 6 Athlete: WYFFELS LOUISE MARIE **Q-time: 02:45:21**

PB (50m pool): 02:46.09 Molenbeek 01/02/2026 **PB (25m pool): 02:45.21 SB: 02:46.09 Molenbeek 01/02/2026**

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:46.09	
	<i>no time</i>				
	

Coach feedback:

Event number: 28: 200M MEDLEY WOMEN 11-12 **Heat:3, starttime: 11:04**

Heat: 3/7 Lane : 2 Athlete: DELCOIGNE ELLA **Q-time: 03:01:95**

PB (50m pool): 03:01.95 Aalst 20/12/2025 **PB (25m pool): 02:57.74 SB: 03:01.95 Aalst 20/12/2025**

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.48	01:24.15	02:20.84	03:01.95	
	<i>00:37.48</i>	<i>00:46.67</i>	<i>00:56.69</i>	<i>00:41.11</i>	
	

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: DDAT

Event number: 28: 200M MEDLEY WOMEN 11-12				Heat:6, starttime: 11:15	
Heat: 6/7 Lane : 1 Athlete: NDIAYE MAï				Q-time: 02:55:63	
PB (50m pool): 02:57.49 Wezenberg 04/01/2026			PB (25m pool): 02:55.63 SB: 02:57.49 Wezenberg 04/01/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.77	01:26.65	02:17.69	02:57.49	
	00:38.77	00:47.88	00:51.04	00:39.80	
	

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 15-16		Heat:2, starttime: 11:31	
Heat: 2/6 Lane : 5 Athlete: VANSTECHELMAN LUCAS		Q-time: 00:26:87	
PB (50m pool): 00:27.07 Wezenberg 03/01/2026		PB (25m pool): 00:26.87 SB: 00:27.07 Wezenberg 03/01/2026	
	5 0 M		
PB	00:27.07		
	00:27.07		
		

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 15-16		Heat:1, starttime: 11:36	
Heat: 1/6 Lane : 5 Athlete: VAN DER MEEREN LOTTE		Q-time: 00:30:19	
PB (50m pool): 00:30.96 Gent 08/02/2026		PB (25m pool): 00:30.08 SB: 00:30.96 Gent 08/02/2026	
	5 0 M		
PB	00:30.96		
	00:30.96		
		

Coach feedback:

Event number: 33: 100M FREESTYLE MEN 13-14		Heat:2, starttime: 11:44	
Heat: 2/6 Lane : 6 Athlete: JACQUEMYNS KOBE		Q-time: 01:06:16	
PB (50m pool): 01:06.16 Wezenberg 04/01/2026		PB (25m pool): 01:04.64 SB: 01:06.16 Wezenberg 04/01/2026	
	5 0 M	1 0 0 M	
PB	00:31.90	01:06.16	
	00:31.90	00:34.26	
	

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: DDAT

Event number: 34: 100M FREESTYLE WOMEN 13-14		Heat:2, starttime: 11:54	
Heat: 2/7 Lane : 6 Athlete: WYFFELS LOUISE MARIE		Q-time: 01:06:92	
PB (50m pool): 01:07.31 Molenbeek 01/02/2026		PB (25m pool): 01:06.92 SB: 01:07.31 Molenbeek 01/02/2026	
	50 M	100 M	
PB	no time	01:07.31	
	<i>no time</i>		
	

Coach feedback:

Event number: 36: 100M FREESTYLE WOMEN 11-12		Heat:2, starttime: 12:18	
Heat: 2/7 Lane : 1 Athlete: DELCOIGNE ELLA		Q-time: 01:14:90	
PB (50m pool): 01:14.90 Molenbeek 01/02/2026		PB (25m pool): 01:15.07 SB: 01:14.90 Molenbeek 01/02/2026	
	50 M	100 M	
PB	no time	01:14.90	
	<i>no time</i>		
	

Coach feedback:

Event number: 36: 100M FREESTYLE WOMEN 11-12		Heat:4, starttime: 12:22	
Heat: 4/7 Lane : 4 Athlete: NDIAYE MAÏ		Q-time: 01:11:26	
PB (50m pool): 01:11.38 Gent 08/02/2026		PB (25m pool): 01:11.26 SB: 01:11.38 Gent 08/02/2026	
	50 M	100 M	
PB	00:34.63	01:11.38	
	00:34.63	00:36.75	
	

Coach feedback: